

MSM PARENT CSHECK- UP *MOM EDITION*



DIRECTIONS:

Sometimes our relationship with our kids needs a little “check up.” Things may be going well, or you may feel like they are falling apart. After all, there is middle school, and your student is going through so many changes emotionally, physically, and spiritually. The check up seeks to help parents draw their children closer to them.

1. Fill out the questions according to how you think your student would answer today.
2. Determine how you would want your student to answer the questions a year from now.
3. Use the next 30 days to reflect on your answers.

Day 1

Which best describes you?

- My mom and I are very close.
- My mom and I are somewhat close.
- My mom and I are somewhat distant.
- My mom and I are very distant.

Day 2

Which is truer?

- My mom spends a lot of time with me.
- My mom spends enough time with me.
- I wish I had more time with my mom.

Day 3

Which is most true?

- My mom knows my dreams, fears, and goals.
- My mom is interested in my dreams, fears, and goals.
- My mom doesn't know my dreams, fears, and goals.

Day 4

Which is most true?

- At dinner my mom talks to me.
- At dinner, my mom is sometimes on her phone instead of talking to me.
- At dinner, my mom is always on her phone and doesn't talk to me.

Day 5

My mom says, "I love you..."

- Every day.
- Most days.
- On special occasions.
- Never.

Day 6

My mom hugs me...

- Often
- Sometimes
- Never

Day 7

When my mom is busy...

- She adjusts her Schedule for me.
- She adjusts her Schedule for my sibling but not me.
- She does not spend one-on-one time with me.

Day 8

When I want to talk to my mom...

- She always has time to listen to me.
- I feel like She is too busy for me.
- I don't think She would understand.
- I'm afraid to talk to my mom.

Day 29

Living with my mom...

- Makes me want to know Jesus more.
- Doesn't affect how I feel about Jesus.
- Makes me resent God.

Day 30

Which is more true?

- My mom is one of the most important spiritual influences in my life.
- Someone other than my parents is the most important spiritual influence in my life.

There has never been a perfect parent. We must remember that we are sinners raising sinners to be godly people, and that is impossible in our own strength and abilities. The Holy Spirit is the only one who can accomplish this, but He has given us help and his presence to aid in the rearing of our children.

If you need help or are looking for additional resources, please contact Jason Stanland at jason@fruitcove.com or go online to fruitcove.com or jasonstanland.com

Deuteronomy 6:5-7

"You shall **love the Lord your God** with all your heart and with all your soul and with all your might. And these words that I command you today shall be on your heart. **You shall teach them diligently to your children...**"

Day 24

My mom...

- Insists that I am at church regularly and participate in worship.
- Allows me to skip church sometimes.
- Does not make me go to church.
- Does not take me to church.

Day 25

Which is most true?

- My mom leads us in family worship every week.
- My mom leads us in family worship on occasion.
- My mom does not know what family worship is, but is willing.
- My mom does not want to lead us in family worship.

Day 26

My mom talks to me about faith and our culture...

- Often.
- Sometimes.
- Rarely.

Day 27

Which is my true?

- My mom talks about how to live for Christ often.
- My mom talks about how to live for Christ sometimes.
- My mom rarely talks about how to live for Christ.
- My mom does not talk to me about living for Christ.

Day 28

When I need advice my mom...

- Points me to the Bible.
- Gives me her opinion.
- I do not ask my mom for advice.

Day 9

The way my mom loves my mom...

- Makes me feel secure about the future of our family.
- Makes me unsure about the future of our family.
- Makes me feel insecure about the future of our family.

Day 10

When I do something wrong...

- My mom will get angry and shout at me.
- My mom will tell me I'm stupid.
- My mom calmly disciplines me.

Day 11

When I try hard or do well,

- My mom encourages me
- My sometimes encourages me
- My mom doesn't notice when I do well

Day 12

Which is most true?

- My mom is raising me to be an adult and is giving me more responsibility.
- My mom treats me like a child.

Day 13

Which is most true?

- My mom loves God with all her heart, soul, mind, and strength.
- My mom somewhat loves God.
- My mom is religious.
- My mom is not religious.

Day 14

Which is most true?

- I have caught my mom praying and reading her Bible.
- I know She prays and reads her Bible, but I have never seen it.
- My mom brings her Bible to church only.
- I do not know where my mom's bible is.

Day 15

My mom reads her Bible...

- Often
- Sometimes
- Rarely
- Never

Day 16

Which is most true?

- My mom is proud of me.
- My mom is somewhat proud of me.
- My mom is discouraged by me.

Day 17

Which is truer?

- My mom would rather I live for Christ than win a big award.
- My mom would rather I win a big award than live for Christ.

Day 18

My mom's greatest love is...

- God.
- Family.
- Job.
- Her hobby.

Day 19

My mom's actions reminds me...

- Jesus often.
- Sometimes Jesus.
- Never Jesus.

Day 20

To my mom, the Bible is....

- The ultimate authority in life.
- An authority in life.
- No authoritative.

Day 21

My mom shares her faith in Jesus with people

- All the time.
- Sometimes.
- Rarely.
- Never.

Day 22

My mom talks to me about Jesus...

- Often
- Sometimes
- Rarely
- Never

Day 23

My mom...

- Helps me lead my friends to Christ.
- Helps me bring my friends to church.
- Sometimes helps me bring my friends to church.
- Has never helped me bring friends to church or share the gospel with them.