

MSM PARENT CHECKUP

DAD EDITION



DIRECTIONS:

Sometimes our relationship with our kids needs a little “check up.” Things may be going well, or you may feel like they are falling apart. After all, this is middle school, and your student is going through so many changes emotionally, physically, and spiritually. The check up seeks to help parents draw their children closer to them.

1. Fill out the questions according to how you think your student would answer today.
2. Determine how you would want your student to answer the questions a year from now.
3. Use the next 30 days to reflect on your answers.

Day 1

Which best describes you?

- My dad and I are very close.
- My dad and I are somewhat close.
- My dad and I are somewhat distant.
- My dad and I are very distant.

Day 2

Which is truer?

- My dad spends a lot of time with me.
- My dad spends enough time with me.
- I wish I had more time with my dad.

Day 3

Which is most true?

- My dad knows my dreams, fears, and goals.
- My dad is interested in my dreams, fears, and goals.
- My dad doesn't know my dreams, fears, and goals.

Day 4

Which is most true?

- At dinner my dad talks to me.
- At dinner, my dad is sometimes on his phone instead of talking to me.
- At dinner, my dad is always on his phone and doesn't talk to me.

Day 5

My dad says, "I love you..."

- Every day.
- Most days.
- On special occasions.
- Never.

Day 6

My dad hugs me...

- Often
- Sometimes
- Never

Day 7

When my dad is busy...

- He adjusts his schedule for me.
- He adjusts his schedule for my sibling but not me.
- He does not spend one-on-one time with me.

Day 8

When I want to talk to my dad...

- He always has time to listen to me.
- I feel like he is too busy for me.
- I don't think he would understand.
- I'm afraid to talk to my dad.

Day 29

Living with my dad...

- Makes me want to know Jesus more.
- Doesn't affect how I feel about Jesus.
- Makes me resent God.

Day 30

Which is more true?

- My dad is one of the most important spiritual influences in my life.
- Someone other than my parents is the most important spiritual influence in my life.

There has never been a perfect parent. We must remember that we are sinners raising sinners to be godly people, and this is impossible in our own strength and abilities. The Holy Spirit is the only one who can accomplish this, but he has given us help and his presence to aid in the rearing of our children.

If you need help or are looking for additional resources, please contact Jason Stanland at jason@fruitcove.com or go online to fruitcove.com or jasonstanland.com

Deuteronomy 6:5-7

"You shall **love the Lord your God** with all your heart and with all your soul and with all your might. And these words that I command you today shall be on your heart. **You shall teach them diligently to your children...**"

Day 24

My dad...

- Insists that I am at church regularly and participate in worship.
- Allows me to skip church sometimes.
- Does not make me go to church.
- Does not take me to church.

Day 25

Which is most true?

- My dad leads us in family worship every week.
- My dad leads us in family worship on occasion.
- My dad does not know what family worship is, but is willing.
- My dad does not want to lead us in family worship.

Day 26

My dad talks to me about faith and our culture...

- Often.
- Sometimes.
- Rarely.

Day 27

Which is my true?

- My dad talks about how to live for Christ often.
- My dad talks about how to live for Christ sometimes.
- My dad rarely talks about how to live for Christ.
- My dad does not talk to me about living for Christ.

Day 28

When I need advice my dad...

- Points me to the Bible.
- Gives me his opinion.
- I do not ask my dad for advice.

Day 9

The way my dad loves my mom...

- Makes me feel secure about the future of our family.
- Makes me unsure about the future of our family.
- Makes me feel insecure about the future of our family.

Day 10

When I do something wrong...

- My dad will get angry and shout at me.
- My dad will tell me I'm stupid.
- My dad calmly disciplines me.

Day 11

When I try hard or do well,

- My dad encourages me
- My sometimes encourages me
- My dad doesn't notice when I do well

Day 12

Which is most true?

- My dad is raising me to be an adult and is giving me more responsibility.
- My dad treats me like a child.

Day 13

Which is most true?

- My dad loves God with all his heart, soul, mind, and strength.
- My dad somewhat loves God.
- My dad is religious.
- My dad is not religious.

Day 14

Which is most true?

- I have caught my dad praying and reading his Bible.
- I know he prays and reads his Bible, but I have never seen it.
- My dad brings his Bible to church only.
- I do not know where my dad's bible is.

Day 15

My dad reads his Bible...

- Often
- Sometimes
- Rarely
- Never

Day 16

Which is most true?

- My dad is proud of me.
- My dad is somewhat proud of me.
- My dad is discouraged by me.

Day 17

Which is truer?

- My dad would rather I live for Christ than win a big award.
- My dad would rather I win a big award than live for Christ.

Day 18

My dad's greatest love is...

- God.
- Family.
- Job.
- His hobby.

Day 19

My dad's actions reminds me...

- Jesus often.
- Sometimes Jesus.
- Never Jesus.

Day 20

To my dad, the Bible is....

- The ultimate authority in life.
- An authority in life.
- No authoritative.

Day 21

My dad shares his faith in Jesus with people

- All the time.
- Sometimes.
- Rarely.
- Never.

Day 22

My dad talks to me about Jesus...

- Often
- Sometimes
- Rarely
- Never

Day 23

My dad...

- Helps me lead my friends to Christ.
- Helps me bring my friends to church.
- Sometimes helps me bring my friends to church.
- Has never helped me bring friends to church or share the gospel with them.